

# Little Mabel, the Cow

Approximately 14 inches tall

## You Will Be A Needin':

- Tea-stained muslin
  - Thick pink felt
  - Three white tiny buttons
  - Scrap all white material with a pattern
  - Paint: Black, white, barn red
  - Doll needles (3 or 5 inches long)
  - Tiny bit of brown yarn (hair)
  - Stuffing
  - Glue gun with glue sticks
  - Embroidery thread: Black
  - Two 1/2 inch black matte buttons
  - Small paintbrush
  - Sandpaper
- For Staining:  
Instant coffee, vanilla extract, fragrance oil (optional)

## Lillie Mae's Crafts

Muncie, IN USA

<http://www.lilliemaescrafts.com>

[lilliemaescrafts@yahoo.com](mailto:lilliemaescrafts@yahoo.com)

# Little Mabel, the Cow



By Brenda Greenwalt  
of Lillie Mae's Crafts

# Lillie Mae's Crafts

A Lillie Mae's Crafts original design by Brenda Greenwalt

## Little Mabel, the Cow

Approximately 15 inches tall when finished

Read through all directions before beginning.

For illustrations of the different steps and techniques as well as the stitches visit my "Stitch 'n' Stuff" page on my website at

<http://www.lilliemaescrafts.com>

**Note:** Stain all material before beginning. Recipe for stain is given at the end of these directions.

### Head:

#1. Head: Print and cut out the head, snout, and ear pattern pieces. On double muslin, trace the head pattern; do NOT cut out. Sew on traced lines; do NOT leave an opening. Cut out about 1/4 inch away from the sewn lines. On the lower back, about 1 inch up from the bottom, cut an opening. Turn. Stuff firmly. Do NOT sew the opening shut.

#2. Ears: Trace on double muslin. Sew on traced lines; do NOT leave an opening. Cut out about 1/4 inch away from sewn lines. In center of back, cut a small opening for turning. Turn. Press. Do NOT stuff the ears. Sew the opening closed. Look at the picture and glue the ears to the back of her head.

#3. Eyes: Print and cut out the eye templates. Pin (straight pins) the eyes to the face where desired. Trace the eyes lightly with a mechanical pencil. Load a small paintbrush with black acrylic paint and lightly trace around the outside of each eye and then fill them in. Let dry thoroughly.

#4. Eyelashes: With a mechanical pencil and looking at the picture and the pattern, lightly trace in the eyelashes. Thread a doll needle with a double strand of black embroidery thread and going down from the center of her head (this will be covered with her hair). go down and embroider her eyes with a backstitch. Let dry thoroughly. When completely dry, dip the end of a small paintbrush into white acrylic paint and carefully dot in the whites of her eyes (see picture).

#5. Snout: Trace on double white pattern material; do NOT cut out. Sew on traced lines; do NOT leave an opening. Cut out about 1/4 inch away from sewn lines. In the center of the back, cut a small opening for turning. Turn. Stuff firmly and sew opening closed. Load your small paintbrush with barn red acrylic paint. Pounce off most of the paint onto a paper towel. Paint "blush" onto the snout where the buttons will be sewn on (see picture). Sew 2 black matte 1/2 inch buttons onto snout. Glue snout in place (see picture and pattern).

#6. Hair: Print and cut out on card stock the hair card (in pattern section). Cut a piece of matching embroidery thread and insert in top center (between ears) of her head. Wrap the brown yarn around the hair card 3 times; slide off. Lay this down in the center of the embroidery thread you just placed and tie tightly. Clip loops and trim.

### **Body:**

#1. **Body:** Print and cut out the body pattern. On doubled material, with a disappearing fabric marking pen or mechanical pencil, lightly trace completely around the body, do NOT cut out. Sew on traced lines being sure to leave open where indicated on pattern. Cut out about 1/4 inch away from sewn lines. Note on the pattern that the top of the body pattern is to be inserted in the opening made in the head....you will not want to stuff this end very much. However, stuff the rest of the body as full as you can and sew the opening closed. Place some hot glue in the opening in the back of the head and shove the top part of the body into this opening and hold until firm.

#2. **Arms:** Print and cut out the arm pattern and trace on double muslin; do NOT cut out. Sew on traced lines being sure to leave open where indicated on pattern. Cut out about 1/4 inch away from sewn lines. Turn. Stuff to stuffing line (as seen on the pattern). Sew opening closed. Sew arms to body where indicated on pattern.

#3. **Legs:** Print and cut out the leg pattern. Trace on double muslin being sure to trace 2; do NOT cut out. Sew on traced lines being sure to leave open where indicated on pattern. Cut out about 1/4 inch away from sewn lines. Turn. Stuff to stuffing line, as shown on the pattern, and sew the opening closed.

#4. **Paint Shoes:** Attach a piece of thread to the top of each leg (to hang for drying). Look at the pattern and, with a mechanical pencil, trace (completely around leg) the top of the shoe. Load a small paintbrush with black acrylic paint and paint these lines first, then paint the rest of each shoe. Hang these up to dry. I usually hang mine on an old wire hanger which I then hang in my garage so that possible drippings from the paint will not cause any harm. When completely dry, sand lightly for a more vintage appearance. Sew legs to body where indicated on pattern.

### **Hat:**

#1. Print out all hat patterns.

#2. Trace brim pattern on thick pink felt; do NOT cut out. Sew on traced lines; do NOT leave an opening. Cut out about 1/4 inch away from sewn lines. On one side, cut a small slash through only one layer of material for turning. Turn.

#3. Trace top hat pattern on single layer thick pink felt; cut out.

#4. Trace band pattern on single layer thick pink felt; cut out.

#5. Easing the band around the top pattern and beginning where indicated on pattern with an "x", whipstitch the top hat to the band; when you get near the end, stuff the top hat with a small amount of stuffing. Trim excess and sew ends together. Turn.

### **Sweater:**

#1. Print and cut out sweater pattern. Trace 2 pattern on wrong side of double pink felt, pin and cut out.

#2. Pin right sides together and sew shoulder and underarm seams using 1/4 inch seam allowance.

#3. Fold the sweater over and very lightly, with your mechanical pencil, trace a line down the very center of the front of the sweater; cut down this line.

#4. Pull both sides of the front of the sweater together and sew the 3 tiny white buttons on to the front of the sweater.

#5. Place the sweater on the doll and, with matching embroidery thread, tack to the sweater with a few stitches on the "shoulders."

### **Staining Recipe and Instructions:**

#### Supplies Needed:

- Instant coffee
- Vanilla extract
- Fragrance oil (optional, Cinnabun is one of my favorites)
- Old cookie sheet
- Small spray bottle or sponge brush
- Funnel (if using a spray bottle)
- Wax paper or parchment paper
- Rags (this is messy)

#### Mix Stain:

1. Mix together in glass jar with lid -  $\frac{1}{4}$  cup instant coffee, 2 cups hot water and  $\frac{1}{4}$  cup vanilla extract. Add fragrance oil to your taste. (HINT: You may want to add just a little at first and add more if you desire. If you add too much to begin with it may be stronger than you prefer.)
2. Pour stain into spray bottle or apply with sponge brush.
3. Spray the item you are staining front and back thoroughly or apply stain with sponge brush. Be sure to cover item completely with stain.

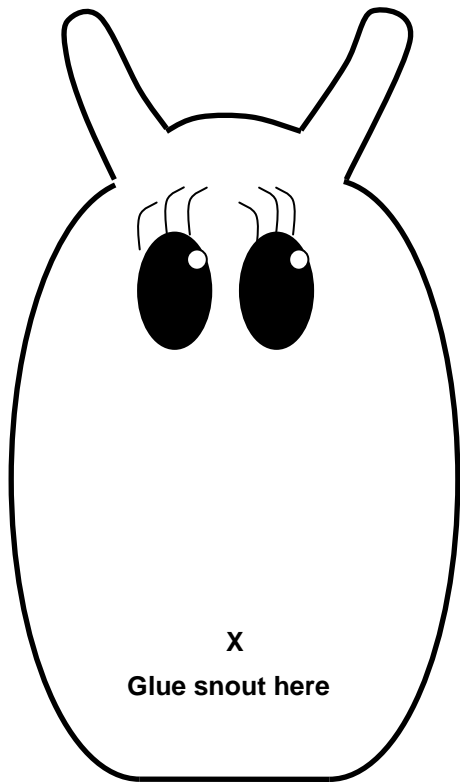
#### To Dry:

1. Lay on an old cookie sheet lined with wax paper or parchment paper. Bake in oven at 200 degrees for 10 minutes. If you need to bake longer, only bake at 5 minute increments. NEVER LEAVE THIS UNATTENDED. THIS CAN CATCH ON FIRE. KEEP CHILDREN AND PETS AWAY. WATCH CLOSELY.
2. Attach a piece of thread to one end of your item to be stained and hang up (hours or over night depending on the item) to dry. Be sure to hang where possible drippings from your stain mix will not cause damage. (I hang mine in my garage.)
3. Throw in the dryer. This method is great for small items. NOTE: Be sure to clean your dryer thoroughly before attempting to dry clean clothes in it again.

You're done with Little Mabel, the Cow. I hope you enjoyed making her as much as I enjoyed designing her. If you have any problems or questions at all, please don't hesitate to email me or visit my "Stitch 'n' Stuff" page at <http://www.lilliemaescrafts.com>

### **Terms of Use:**

All of my Craft patterns are copyrighted. You may create a reasonable amount of items from my patterns for craft fairs, bazaars, craft malls, and auctions as long as you give Lillie Mae's Crafts credit for the design. You MAY NOT mass produce items from my patterns. Copying for any reason at all is strictly prohibited. You DO NOT have permission to alter them in any way. No wholesaling of items made from my patterns. My patterns are not to be shared or redistributed in any form without my express permission. If you have any questions, please ask before you purchase. Feel free to e-mail me at [lilliemaescrafts@lilliemaescrafts.com](mailto:lilliemaescrafts@lilliemaescrafts.com)



Insert this end as far as you can in the opening cut in the back of the head. Glue.

X Attach Arms Here X

Little Mabel, the Cow  
Body Pattern

Copyright © 2011  
Lillie Mae's Crafts  
All Rights Reserved

Leave Open

Stuffing  
Line

Little Mabel, the Cow  
Leg pattern

Attach Legs Here

Paint shoe black

Leave Open

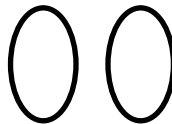
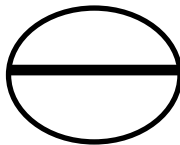
Opening

Stuffing  
Line

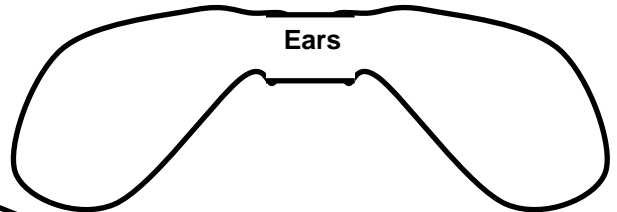
Little Mabel, the Cow  
Facial Templates

Mouth

Eyes



Ears



Snout

