

## My Hearts Delight Pocket

### You Will Need:

Material for heart pocket and bow  
Muslin  
Cream felt  
Red embroidery floss  
Stuffing  
Spanish moss  
Hot glue gun and glue sticks  
Card stock  
White glass beads  
Leaf greenery  
Gloss finishing spray  
Rusty bell (or use recipe to rust bell)  
Doll needle (3 or 5 inches long)  
Wire  
Wire Cutters

**Rusting:** White vinegar, peroxide, salt, paper towels, sprits bottle, large plastic container.

**Staining:** Instant coffee, vanilla extract, fragrance oil. Optional for staining: Old cookie sheet, rags, wax paper, glass jar with lid.

### Lillie Mae's Crafts

Charming & Winsome Raggedy Annie & FolkArt Patterns

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My Hearts Delight Pocket  
By Brenda Greenwalt of Lillie Mae's Crafts



# Lillie Mae's Crafts

A Lillie Mae's Crafts original design by Brenda Greenwalt

## My Heart's Delight Pocket

Read through all directions before beginning.

For illustrations of the different steps and techniques as well as the stitches visit my "Stitch 'n' Stuff" page on my website at <http://www.lilliemaescrafts.com>

### Heart Pocket:

#1. Print and cut out heart pocket pattern. Trace on double material being sure to place on fold where indicated on pattern; cut out.

#2. Trace pattern on double cream felt and cut out.

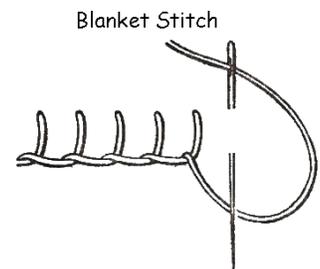
#3. Stain all four using the recipe and instructions given below at the end of these directions.

#4. Layer as such one felt heart, one material heart (print side up), one material heart (print side down), one felt heart. Pin and sew up sides, but only as far as pattern specifies; use 1/4 inch seam allowance. Cut out 1/4 inch away from sewn lines.

#5. Clip curves and turn.

#6. Using a matching embroidery floss and a blanket stitch, sew top of felt heart to material heart (see picture), all the way around.

#7. Print out heart bow pattern; trace on double material being sure to place on fold where indicated, cut out. Stain with recipe and instructions given below at the end of these directions. Tie into a bow and glue to front of heart.



### Sugar Roses: (Make 2)

#1. Tear a long strip of muslin about 2 inches wide.

#2. Fold the strip in half lengthwise and tie a simple knot at one end of the strip. This helps to anchor your flower as you create it.

#3. Next start wrapping the length of the fabric around the center knot you created. You can twist the muslin as you desire. You can make it tighter or looser as needed to create the rose you want. Keep wrapping until you come to the end of the length of fabric (leave a 1" tail).

#4. To finish, either use a quick dry fabric glue or hot glue on the entire back of the rose and tail or you can use needle and thread to hold the rose together.

#5. Spray with a gloss finishing spray and while still wet sprinkle on tiny glass beads, let dry.

#6. Mix wash by putting a small amount of paint in a small spray bottle and fill almost to the top with water. Shake to mix thoroughly. Spray entire rose and let dry.

#7. Glue to leaf greenery.

### Heart:

#1. Print out heart pattern; trace on double layer material, do NOT leave an opening.

#2. Cut out about 1/4 inch away from sewn lines.

#3. In center back, cut a small slit for turning. Clip curves and turn.

#4. Stuff firmly and sew opening closed.

#5. Stain with recipe and instructions given at the end of these directions.

#6. Cut a piece of wire about 8 inches long; stick one end of the wire up through the bottom of the heart.

#7. Sew rusty bell to center. If your bell is not rusty, use the recipe and instructions given at the end of these directions.

### **Valentine Envelope and Card:**

- #1. Print out envelope pattern; trace on double layer cream felt, cut out.
- #2. Using 1/4 inch seam allowance, sew completely around envelope; do NOT leave an opening.
- #3. Make a small slit where indicated by an "X" on pattern. Clip curves and turn.
- #4. Using 1/4 inch seam allowance, sew completely around the envelope to give it the "envelope" look.
- #5. Sew opening closed.
- #6. Fold envelope as indicated on pattern and tack in place with a few hand stitches.
- #7. Print out card, fold, and place in envelope.

### **Finishing:**

- #1. Stuff the bottom of the heart with stuffing.
- #2. Cut a piece of floral foam and place on top of stuffing.
- #3. Stuff heart pocket almost to the top with stuffing.
- #4. Position flowers where desired and glue in place if desired.
- #5. Cut a piece of 8 inch wire. Cut a small slit about 1 inch up from the bottom of the back of the envelope being sure to go only through one layer. Stick the wire through this and glue in place. Position the envelope towards the back of the heart, sticking the wire through the floral foam. Glue in place if desired.
- #6. Cut a piece of thick wire about 8 inches long and glue heart to the top of this, stick through the floral foam; glue in place if desired.
- #7. Fill the rest of the way up with Spanish moss.
- #8. Cut a 5-inch piece of jute and glue on back for hanging.

**Staining:** Combine  $\frac{1}{4}$  cup instant coffee, 2 cups hot water, 1/4 cup Vanilla extract and  $\frac{1}{4}$  teaspoon fragrance oil (Some of my preferred scents are cinnamon bun, sugar cookies, and vanilla) in a glass jar with lid. Shake for few minutes until thoroughly mixed. If the scent is not strong enough for your preference, add another 1/8 teaspoon of fragrance oil and continue this until the scent is to your liking. However, I would suggest only adding 1/8 teaspoon of fragrance oil each time because if you add too much and the scent is too strong for you, you will have to start over. Line an old cookie sheet with old rags and lay what you're staining here. With a sponge brush or spray bottle thoroughly coat. Bake for 10 minutes at 200 degrees. Check often as this can catch on fire. If you have to bake longer, only bake at 5 minute increments and always KEEP checking the oven. Store left over stain mixture in glass jar with lid for your next primitive project.

**Rusting Recipe:** Combine 2 cups white vinegar, 1/4 cup peroxide and 2 tablespoons salt in a large plastic container; soak for 4 hours. Remove to paper towels, spritz with peroxide and spread salt on them. Let sit for another 2 hours. NOTE: This recipe calls for a large container as this recipe foams up pretty quickly.

You're done with My Heart's Delight. I hope you enjoyed making it as much as I enjoyed designing it. If you have any problems or questions at all, please don't hesitate to email me or visit my "Stitch 'n' Stuff" page at <http://www.lilliemaescrafts.com>

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**My Heart's Delight Pocket  
Heart Pocket Pattern**

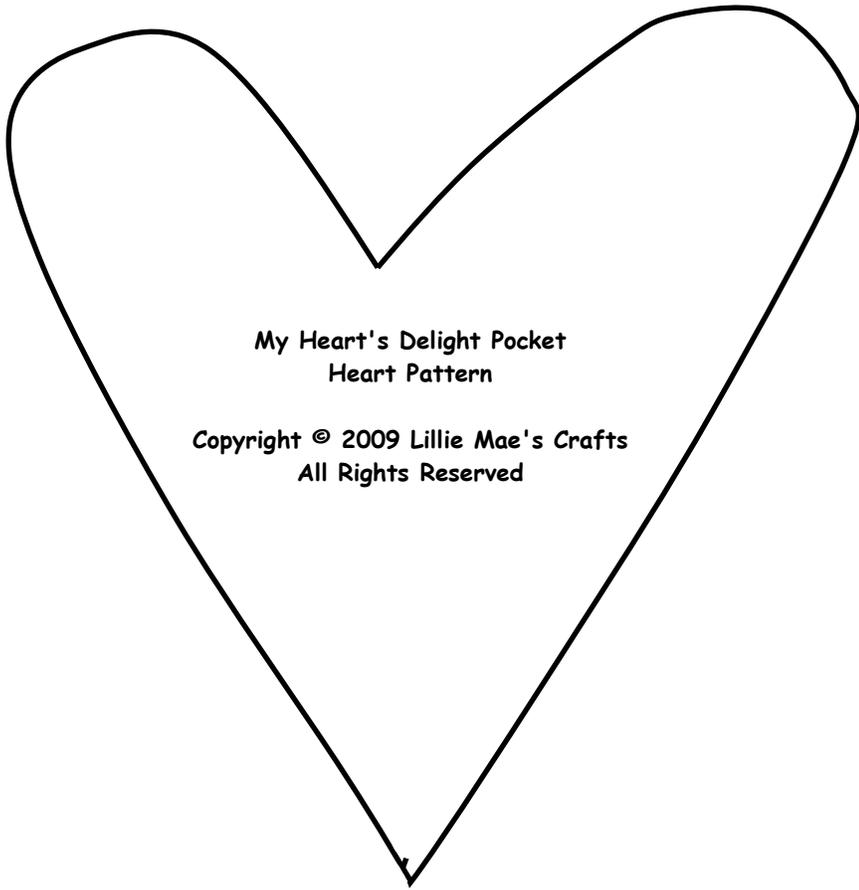
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Sew side seams up to this  
point on both sides of heart.

Place on Fold

**My Heart's Delight Pocket  
Heart Pocket Bow Pattern**  
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Place on Fold

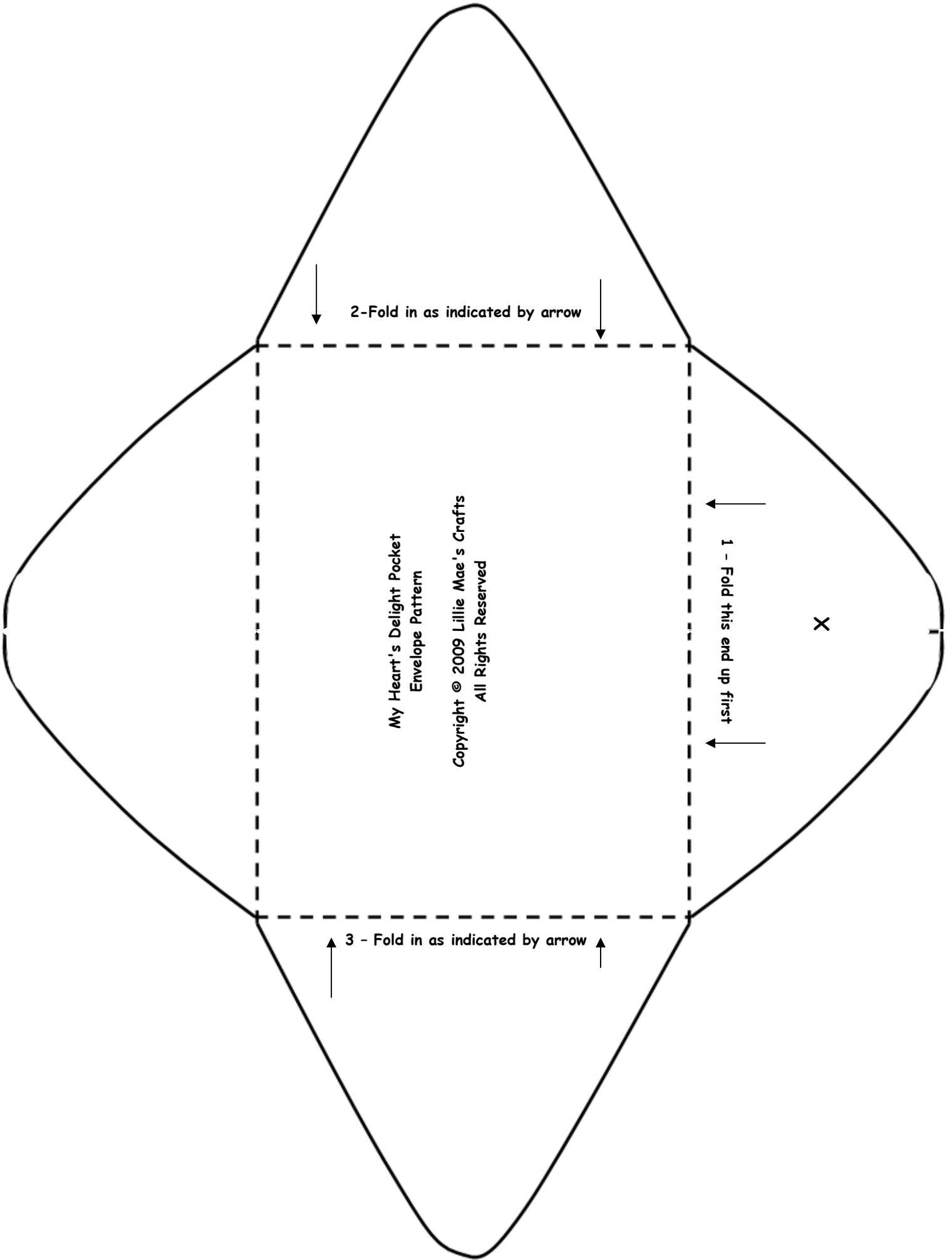


My Heart's Delight Pocket  
Heart Pattern

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Happy  
Valentine's  
Day





2-Fold in as indicated by arrow

My Heart's Delight Pocket  
Envelope Pattern

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1 - Fold this end up first

3 - Fold in as indicated by arrow

X