

## In this E-Book you will find:

### Decorating Styles Defined

Country  
Primitive  
Shabby Chic

### Staining Recipe and Instructions

### Thrifty Primitive Shopping List

Old/Antique/Vintage  
Other Items  
Out of the Way Crafting Items

### Free Printable Blank Coffee and Tea-Stained Tags

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In my Garden Pillow Stitchery  
Little Miss

## Lillie Mae's Crafts

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# Lillie Mae's Crafts This 'n' That E-Book



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# Lillie Mae's Crafts

## This 'n' That E-Book #1

Prim Crafting Tips & Tricks and Quick-Make Small Projects

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- Little Miss

# Decorating Styles Defined

*"A home is a reflection of the soul and spirit of those who reside within."*

## Country:

Country style decorating embodies coziness and comfort. With its roots in the past, country style is timeless and always in fashion. Honest and charming, it is a reminder of our history and of simpler times. It focuses on the pioneer lifestyle.

## Primitive:

Primitive style decorating gives a feeling of warmth and simplicity. It speaks to our very soul and brings back a time of quiet, uncomplicated living. It invokes images of colonial times.

## Shabby Chic:

Shabby Chic style decorating is a look that combines vintage accessories, pastels, and soft cushy furniture with the new. It balances elegant things with old and worn, shiny silver accessories with painted wooden tables, soft throw rugs with rough old lace. Think of visiting with your grandmother.

# Staining Recipe and Instructions

## Supplies Needed:

Instant coffee  
Vanilla extract  
Fragrance oil (optional, Cinnabun is one of my favorites)  
Old cookie sheet  
Small spray bottle or sponge brush  
Funnel (if using a spray bottle)

1. Mix together in glass jar with lid -  $\frac{1}{4}$  cup instant coffee, 2 cups hot water and  $\frac{1}{4}$  cup vanilla extract.
2. Add fragrance oil to your taste. (HINT: You may want to add just a little at first and add more if you desire. If you add too much to begin with it may be stronger than you prefer.)
3. Pour stain into spray bottle or apply with sponge brush.
4. Lay the item you are staining on cookie sheet. Spray front and back thoroughly or apply stain with sponge brush. Be sure to cover item completely with stain.
5. Bake in oven at 200 degrees for 10 minutes. If you need to bake longer, only bake at 5 minute increments.

NEVER LEAVE THIS UNATTENDED. THIS CAN CATCH ON FIRE. KEEP CHILDREN AND PETS AWAY. WATCH CLOSELY.

## Thrifty Primitive Shopping List



Those of you who know me well, know how much I love shopping at thrift stores, rummage sales, antique shops, etc. I take my "shopping" at such places very serious. I keep a list in my computer of items that I specifically want to look for. My list keeps getting longer and longer, but....I could not go shopping without it. I thought I would share it with you. The next time you're going antiques, thrift shopping, or even to an estate sale, simply print out this list and take it with you.

### Old/Antique/Vintage.....

- barrels
- baskets
- bird cages
- books (grouped together they create old time charm)
- boxes
- brushes and combs
- buttons
- carriages to display along with your rag dolls
- ceiling tiles
- chenille bedspreads, etc.
- crochery
- doilies
- doors
- egg beaters
- flags
- flour sifters
- flower vases
- glass door knobs
- handkerchiefs
- Iron kettles
- jars
- kitchen utensils
- lace
- pastry cutters
- perfume atomizers
- pottery
- quilts
- rag/cloth dolls
- rolling pins
- rugs

shutters  
tea pots  
tea cups and matching saucers  
tin ware  
trunks  
wash bowls and pitchers  
wash tubs  
wicker items  
window frames  
wooden furniture (can be stained, painted, etc.)  
wooden spoons and bowls

### **Other Items:**

Candle lamps  
Crocheted Doilies  
Decorative pillows  
Dried flowers  
Flags  
Hanging pot racks  
Lace curtains and table coverings  
Lamps and lamp shades  
Old buttons  
Painted wood items  
Paintings  
Picture frames  
Primitive style lighting  
Roosters (great for primitive kitchens)  
White taper candles (see grungy candles in project section)  
Wooden lamps  
Wooden vintage signs  
Wrought iron items

### **Out of the Way Crafting Items**

Obvious craft items such as material, ribbons, laces, paint, etc. would be easy to remember to shop for as you would find them in the same section of the store. Here are some items you might not think of:

bells, safety pins, and other metals to rust  
blenders and coffee grinders for making potpourri and fixins  
crock pot, rice cooker, etc. for melting wax for soap and candle making  
electric candles for lamps and night lights

# Prim Crafting Tips & Tricks

## Stuffing:

Getting your item stuffed smoothly is extremely important. When I begin stuffing, I automatically reach for my hemostats...I could not be without them. They say you can purchase these in the sports section of department stores, although I've never really looked for them there. However, there are several places on the internet where you can purchase them...some are sites that specialize in doll making. Just Google "hemostats" and you'll find several to choose from.

I actually use handles from small paintbrushes that have broken off over years of use. These are great as they have a rounded end and a blunt end.

If you have a small item, you can always toss it in the dryer after stuffing for a smooth effect. But this doesn't always work...try it on a few old items you have around the house that haven't sold.

As with everything, practice makes perfect.

## Scenting:

Spray Scent: I found the most awesome item for mixing scents. Spray your items and your customers will love you. Or mix it up and sell it in small spray bottles and sell it as is. You can make your own labels on your computer. There are so many prim graphic artists out there that buying graphics for your labels should be no problem at all...and they're usually cheap...you can usually purchase a set for a couple of dollars. You can purchase labels for your computer from places such as Wal-Mart or office stores. The item is called Cyclomethicone. Fill your bottle almost all the way to the top with this and then top it off with your scent. Shake it up...and YUM!!! The scent lasts and lasts. I actually use this to make my husband's aftershave. I've used it this way for years and he loves it. To purchase, simply Google "cyclomethicone" and you'll find several places to purchase it from.

Sachet Scent: There are so many different ways to add scent to items, but here are 2 that I absolutely love and use often.

Small Animal Bedding (this can be purchased very reasonably at department stores such as Wal-Mart): In a bowl combine 2 cups small animal bedding with 2 Tablespoons scent (fragrance oil or candle scent). Mix up thoroughly. Insert a funnel in the opening of the item your scenting and add your scent. NOTE: I scented a Christmas ornament in this way and 2 years later you can still smell the scent and it smells great.

Flax Seeds - (flax seeds are small very flexible and soft seeds that are easily scented): Mix 1 cup flax seeds and 1 Tablespoon fragrance oil. Mix thoroughly. If your flax seeds are moist, wait for them to dry before adding to your item.

## **Color Washing:**

Basic Color Washing: Mix 2 tablespoons of whatever paint your using with 2 cups of staining mixture and then follow the instructions given below under "Grungy Color Washing."

Grungy Color Washing: Mix 5 tablespoons of whatever colored paint you are using, 1/2 teaspoon brown paint with 2 cups of your staining recipe. With a sponge brush, paint entire item. Sprinkle with cinnamon. Lay the item(s) you are baking on an old cookie sheet that you have lined with aluminum foil. Bake for 10 minutes in oven set at 250 degrees, but keep watching. NEVER leave this unattended as it can catch on fire. If you have to bake longer, only bake in 5 minute increments.

## **Rusting:**

Combine 2 cups white vinegar, 1/4 cup peroxide and 2 tablespoons salt in a large plastic container; soak for 4 hours. Remove and place on paper towels, spritz with peroxide and spread salt on them. Let sit for another 2 hours. NOTE: This recipe calls for a large container as this recipe foams up pretty quickly.

## **Staining:**

### NOTES:

- ALWAYS check the item(s) you are baking frequently and NEVER leave an item in the oven unattended. Keep children and pets away. BE CAREFUL!!! These can catch on fire!!!
- Buy a cheap pair of rubber gloves to protect your hands. You can use them over and over again.
- The sludge at the bottom of your stain is perfect for those grungy items. Paint it on with a paintbrush or sponge brush. You want the uneven look...the time worn look...it's perfect for those grungy primms.
- For a more time-worn look, sand your items. But be careful or you might sand holes in them...unless of course you don't mind the holes.

### Drying Methods:

1. Oven: The usual drying method for primitives is in the oven, set at the lowest temperature, and bake for about 10 minutes.
2. Dryer: For unfinished items, toss in the dryer and iron when completely dry. For finished items, toss in dryer for a smooth appearance. Be sure to clean dry out thoroughly before placing clean clothes in it.
3. Ironing for unfinished items: I have an iron, which I purchased at a thrift store, which is strictly for my primms. After staining my material, I will iron, turn it over, iron, turn it over, etc.,

until the material is completely dry. Often times some stain will build up on the iron; this just makes my prim that much more grungy so...I don't clean the iron until the buildup becomes bothersome.

**Basic Staining Recipe:** Combine  $\frac{1}{4}$  cup instant coffee, 2 cups hot water,  $\frac{1}{4}$  cup Vanilla extract and  $\frac{1}{4}$  teaspoon fragrance oil (Some of my preferred scents are cinnamon bun, sugar cookies, and vanilla) in a glass jar with lid. Shake for few minutes until thoroughly mixed. If the scent is not strong enough for your preference, add another  $\frac{1}{8}$  teaspoon of fragrance oil and continue this until the scent is to your liking. However, I would suggest only adding  $\frac{1}{8}$  teaspoon of fragrance oil each time because if you add too much and the scent is too strong for you, you will have to start over. Line an old cookie sheet with old rags and lay what you're staining here. With a sponge brush or spray bottle thoroughly coat. Bake for 10 minutes at 200 degrees. Check often as this can catch on fire. If you have to bake longer, only bake at 5 minute increments and always KEEP checking the oven. Store left over stain mixture in glass jar with lid for your next primitive project.

**Recipe #1 for Light Color:** Mix together in glass jar with lid  $\frac{1}{4}$  cup instant coffee, 2 cups hot water,  $\frac{1}{4}$  cup vanilla extract. Shake to mix thoroughly. Add 1 Tablespoon cinnamon while water is still HOT so the cinnamon will dissolve, shake jar again. Bake in oven on lowest setting for 10 minutes. Check OFTEN. NEVER leave this unattended.

**Recipe #2 for Light Color:** Mix together in glass jar with lid 1 cup hot water and  $\frac{1}{8}$  cup instant coffee. With a funnel, pour into a small sprits bottle. Spray the item(s) you are staining. Dry in oven. This will give a smooth appearance. Be sure to clean dryer out before you dry your clean clothes in it.

**Grungy Primitive Doll Coffee Baking Recipe - Dark Color:** Mix together in glass jar with lid 5 Tablespoons instant coffee, 1 cup hot water, and  $\frac{1}{4}$  cup vanilla extract. Add 1 Tablespoon cinnamon while water is still HOT so the cinnamon will dissolve. Do this the night before you need the stain; the longer it sits the stronger the stain. Stain all pieces before painting. Using a brush or sponge, cover your doll with the stain. Put into a 150 degree oven to dry. Check every 10 minutes or so. Be sure to keep a close eye on it while in the oven. Once it is dry, sponge on more mixture around the sides and bottom and here and there. Put back into the 150 degree oven. Continue this until you have reached the desired color. The darker you want the doll, the more stain you will need to use. Sand lightly between stain for a smooth surface.

**Prim Staining Recipe:** Mix 2 cups of really hot water and stir in 4-5 tsp of instant coffee, add 2 tsp. Cinnamon and 1 tsp vanilla. Mix well. It will settle and get a sort of 'sludge in the bottom. It looks nice and grungy when you stain with it. Use an old paint brush to apply the mixture. Rub a little more cinnamon on. Dry in the oven at about 250-300 degrees. Watch closely. For faster drying or a more grungy (scorched) look, bake your item on an old cookie sheet that has been lined with aluminum foil.



**Tea Dying:** Boil a pot of water; add 6 tea bags; mix thoroughly. Place fabric you are dying in water; with wooden or plastic spoon, submerge fabric in water. Let sit until you have the desired color. Iron dry or throw in dryer.

## Painting

Here are a few painting tips:

1. If you're painting an item that will need more than one coat, to prevent your paintbrush from drying out, just place it in a zip-lock bag. It will be ready for you to paint your next coat.
2. I like to hang my painted items up to dry. In order to do this, I simply take a wire hanger, bend the ends up, and then I have 3 different places on this one hanger to hang items. Be sure to hang these in a place where possible drippings will not cause harm to your floor, carpet, etc. I hang mine in my garage.

## Doll Making

### Body:

1. When stuffing, try to feed the poly-fil stuffing in with one long continuous flow of stuffing. This helps to prevent air bubbles which can develop between small pieces of stuffing and create bumps in your doll.
2. Spray water when stuffing; this shrinks the muslin and results in a tighter, smoother look to your doll. Spray each section of the doll right before stuffing that area.
3. After painting the dolls feet for shoes, sand for a more vintage look. However, be careful you don't sand too hard and end up with holes.
4. After sewing your doll, cut her out with pinking shears and then clip curves. This gives your doll a smoother finish as the pinking shears create less bulk.
5. In a hurry? Buy the muslin that has already been tea-stained so you can skip the step of staining your doll.
6. Buy middle of the line muslin. I've had the cheaper rip and tear easily.
7. Store your patterns in zip-lock bags and they'll be there for you in years to come. Print out the pattern and place in the bag so the front of the pattern, with the picture and name, facing towards the front. Print out the pattern pieces on card stock (so they are ready to use when you need them and are easier to trace) and store in the bag behind the pattern.

### Face:

1. When embroidering the nose, I will usually use a very small needle as this makes it easier to keep the rows of satin stitch together.
2. When painting the cheeks, pounce off most of it on paper towels. If you want more color, simply apply more.
3. To be sure your doll's eyes are perfectly round, find a button that is the same size (or at least close) and trace around it. Simply choose where you want the eyes, attach the eyes in the proper place with large head straight pins and trace around it with your mechanical pencil.

4. When painting your eyes, use a paint brush with a very small and short brush. This will help you stay on the lines of the eyes.
5. To place a small dot of white in the eyes, simply stick the handle end of a very small paintbrush in white paint and very carefully place your dot in the eyes.
6. For a softer look to your dolls face, embroider her eyebrows, mouth, and eyelashes in brown instead of black.

### Hair:

Experiment with different mediums for hair. I've used cloth torn in strips, raffia, ribbon, yarns of different colors and thicknesses, and even macramé cord.

### Scent:

I use fragrance oils in my stain mixture, in my sachets, and for just about everything. Here are a few places you can purchase them:

The Chemistry Store -	<a href="http://www.chemistrystore.com">http://www.chemistrystore.com</a>
From Nature with Love -	<a href="http://www.fromnaturewithlove.com">http://www.fromnaturewithlove.com</a>
Save on Scents -	<a href="http://www.saveonscents.com">http://www.saveonscents.com</a>
Bramble Berry -	<a href="http://www.brambleberry.com">http://www.brambleberry.com</a>
To Die for Soap -	<a href="http://www.todieforsoap.com">http://www.todieforsoap.com</a>

### Bows:

1. For a big bow, measure the width of your doll's head and make a square on your computer in Microsoft Word the same width and about 2 to 3 inches in height.
2. For a more primitive bow, simply tear your material in the same size as above, wrap another smaller strip of torn material around center and secure.
3. Another type of primitive bow can be made by simply tearing the material in the same size as above, and tie a knot in the center.

**Free Print Out Blank Tea-Stained Tags**



**Free Print Out Blank Coffee Stained Tags**



# Quick-Make Small Projects

## How to Make Scented Rag Balls



### Supplies Needed:

Material cut in 1 inch strips

Wax

Double boiler, old crock pot, rice cooker, etc.

Fragrance oil

Wire hanger (to hang for drying)

Straight pins

Old fork

Glitter or mica (optional)

Staining: See the staining recipe and instructions at the beginning of this E-book.

I love scented rag balls and always have a bowl full on my table for display; when guests enter the room they are not only greeted by the wonderful display but the scent which gently fills the air. They are also great for display in old Mason jars, wooden bowls, even old iron skillet possibly painted...use your imagination. You will want to have ready a place to hang these up to dry. I use wire hangers. I bend the ends up so this gives me 3 places to hang my rag balls. Because they can drip a bit, I hang mine in my garage to dry. These are so easy to make and look wonderfully prim.

You really need something to melt the wax in that is only used for that purpose. Some use old crock pots, electric cookers, and even double boilers. I purchased a rice cooker from a thrift store and that has worked wonderfully for me.

### Directions:

1. Stain your material with the recipe and instructions given at the beginning of this E-Book.
2. Tear material in strips about 1 inch wide. You can connect the strips if you like, but I find it's not necessary as when I start a new strip it is shortly intertwined into the ball.
3. You can make your rag balls all material or you can begin winding around a glob of stuffing, Styrofoam balls or even balled up newspaper. It's entirely up to you. When you have the size of ball you want, leave about a 4 to 5 inch tail and anchor this down with pins so that you have a little "handle" for dipping into the wax.

4. Cut up your wax and melt in whatever you've elected to use. NEVER leave this unattended as wax can catch on fire. When the wax has melted entirely, add your scent to your preference. It really depends on how much wax you've used and what type of fragrance oil you're using.
5. Dip your rag balls by the "handle" you created on each ball. These can tend to want to float, so have something handy, such as a fork, to hold them down in the wax.
6. Pick them up out of the wax, let them drip a bit, and hang up to dry.
7. For a little extra fun and especially during the holidays, sprinkle them with glitter or mica flakes...very pretty.

**NOTE:** It is not a necessity that rag balls be scented, they still make a wonderful display.

## How to Make Grungy Candles



### Supplies Needed:

Candles (I prefer tapers)

Old cookie sheet, dinner plate, spoon, plastic measuring cup

Modge Podge

Sponge brush

Spray gloss sealer

Spices: Use whatever you have on hand. Spices used for candle pictured included used coffee grounds, instant coffee, nutmeg, and cinnamon.

### Directions:

1. Line your cookie sheet with wax paper.
2. In dinner plate, mix together spices.
3. Spoon out some Modge Podge into plastic measuring cup. This is so that when you apply more with your sponge brush, you will not get your spices in your Modge Podge jar.
4. With your sponge brush, dab Modge Podge onto candles. You will need to dab as candles are nonporous and the Modge Podge will want to slide right off, so dab it on the candles. Then one by one, roll the candles in the mixture in your dinner plate. Do this back and forth several times. Finally pick up some of your spice mixture in your fingers and sprinkle it onto the candle in bare spots. Repeat this process a second time if needed. Let dry.
5. Holding candle by the wick, and in a well-ventilated area, spray each candle with your gloss sealer. Spray a second coat if needed. Lay on cookie sheet to dry.

## How to Make Bath Salts

People with high blood pressure should not soak in bath salts.



Bath salts are so easy to create and make wonderful gifts for just about any occasion. I love coming up with new and unusual ways of packaging my bath salts. Vintage china and silver sugar bowls is one presentation that I love. In the picture above, I mixed up some bath salts for my mother, colored pink, scented with "Pink Sugar" and packaged in the vintage sugar bowl you see above. She absolutely loved it.

### Other Packaging Ideas:

Antique glass milk bottles

Terra cotta pots

Glass parmesan bottles with a "sprinkle" type lid

Organza and fabric bags

Wine bottles

Vintage glass Coke bottles

Vintage salt containers

Vintage tins

Teapots and tea cups

Cellophane bags

Coffee mugs

(For the containers without lids, package the salts in cellophane or zip lock bags placed in the container and for the wine and Coke bottles purchase corks at your local craft store.)

For a gift set, combine your bath salts with towels, candles, CD's, bath mitts and pillows, nail brushes, etc. As you can see, the possibilities are endless. Use your imagination and think of the personality of the person you're preparing the bath salts for.



I've included here a few tips in preparing your bath salts:

### Basic Ingredients for Bath Salts Include:

- Epsom salts - can relax muscles, reduce inflammation, is great for gout, and relieves tired and aching feet. Also great for exfoliating the skin.
- Dead sea salt - are naturally high in minerals that are extremely beneficial to the skin and body.
- Baking soda - Especially great for soothing skin. Most beneficial to for its ability to drain the lymphatic system of toxins and disease. If you feel you're getting sick or have been exposed to an illness, soak in a baking soda bath to help prevent getting sick.
- Glycerin - very effective as a skin softening agent.
- Ground oatmeal - a wonderful skin softener and soother.

### Basic Salt Recipe:

2 cups Epsom salt

1 cup sea salt

1/2 cup ground oatmeal

1/4 teaspoon glycerin

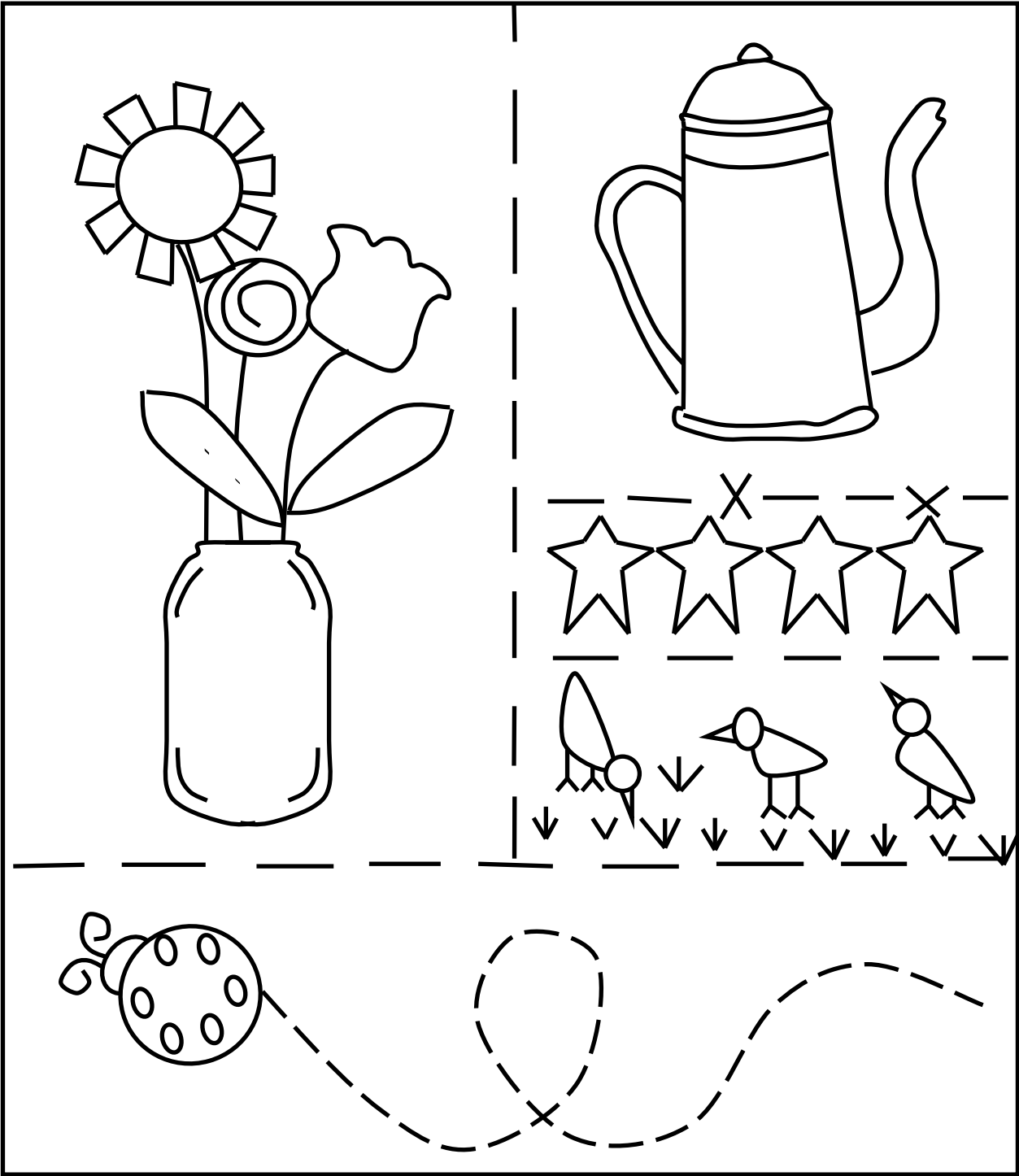
Fragrance oil or essential oil

Couple drops of food coloring

### Instructions:

1. Place 2 cups of Epsom salts in a bowl. (Note: You will not want to use this bowl for preparing food after you have used it for this.) Add your sea salt and ground oatmeal. Mix.
2. Add your glycerin and mix, mix, mix.
3. To this add scent to preference. Be sure the fragrance oil you're using for this is suitable for bath and body products. Add just a little, stir. Add more if needed.
4. Add a few drops of food coloring.
5. Place in your decorated jars and perhaps even add a tag with instructions to use 1/2 cup per bath.

Free Summer Sampler



## In my Garden Embroidered Pillow

(Approximately 6 x 11 inches when completed)

Read through all directions before beginning.



### Supplies:

Material for pillow

Muslin

40 inches of thick rope

Stuffing

Light box or sunny window

Embroidery floss: Blue, yellow, red, green, black, and floss to match material for pillow

Paint: Barn red

Colored Pencils: Blue, yellow, green, red

Q-Tip

6 black seed beads

Beading needle

Staining: See recipe at beginning of this E-Book for ingredients & supplies needed.

**NOTE:** Stain all material, muslin, and rope before beginning with recipe instructions given at the beginning of this E-Book.

### Pillow:

1. Print and cut out pillow pattern. Trace on double material being sure to place on fold where indicated on pattern.
2. Sew on traced lines; do NOT leave an opening. Cut out about 1/4 inch away from sewn lines.
3. On center front, cut a small opening for turning. Clip curves and turn. Press.
4. Stuff firmly and sew opening shut.

### Embroidery:

1. Print and cut out the "muslin" pattern; trace on doubled muslin and cut out.
2. Print out "embroidery pattern."
3. Tape the embroidery pattern to a sunny window or light box.
4. Place one layer of the muslin on top of the embroidery pattern and with your mechanical pencil trace the pattern.
5. Place the second layer of muslin underneath the first layer (with the embroidery pattern) and pin together.
6. Embroider the stem, leaves, and flowers with 2 strands of appropriate colored embroidery floss using a simple backstitch.
7. With one strand of black embroidery floss and again using a simple backstitch, embroider the eyebrows, eyelashes, and mouth.
8. With one strand of red embroidery floss and using a satin stitch, embroider the noses.
9. Sew on the black seed beads for eyes.
10. With a Q-Tip, dip it lightly in the barn red paint and paint on cheeks.
11. Color in flower petals, and leaves with colored pencils.
12. With your fingernails, scrape along all edges to fray out.

### Finish:

1. Center the embroidery on the pillow, over the opening used for stuffing, and anchor with straight pins.
2. Sew to pillow using a running stitch.
3. Beginning at the center bottom of the pillow, sew the rope to the pillow directly over the sewn seam. Sew it on completely around twice.

You're done with In My Garden Embroidered Pillow. I hope you enjoyed making it as much as I enjoyed designing it. If you have any problems or questions, please don't hesitate to e-mail me or visit my "Stitch 'n' Stuff" page at <http://www.lilliemaescrafts.com>.

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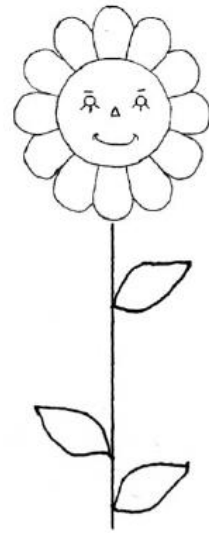
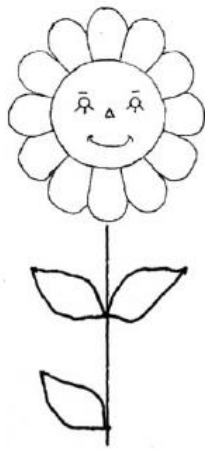
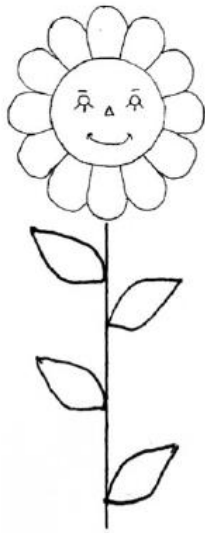
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**In My Garden Embroidered Pillow  
Pillow Pattern**

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**Place on Fold**

**In My Garden Embroidered Pillow  
Muslin Pattern**



# Little Miss

(Approximately 8 inches tall when completed)

Read through all directions before beginning.



## Supplies:

Muslin

Material for dress, bloomers and hair bow

Hair - brown curly wool hair (purchased from Little Craft Cottage on EBay -

<http://stores.ebay.com/Little-Craft-Cottage>)

Stuffing

Mechanical pencil

Embroidery floss: Country red, floss to match dress, floss to match hair, dark brown

Paint: Burgundy and Whicker White

Sandpaper

Small stencil brush and small paint brush

Paper towels

Doll needle

Two small white buttons for dress

Staining ingredients and materials - see recipe and instructions at the beginning of this E-Book

NOTE: Stain all before beginning with recipe and instructions given at the beginning of this E-Book.

## Doll:

1. Print out all doll patterns, head/body, arm, and leg. Trace all on double muslin being sure to trace 2 arms and 2 legs. Sew on traced lines being sure to leave open where indicated on patterns. Cut out about  $\frac{1}{4}$  inch away from sewn lines. Clip curves and turn all.

3. Stuff all firmly (arms and legs to stuffing line) and sew openings shut.
4. Attach arms where indicated on pattern. Do NOT attach the legs yet.
5. Attach a piece of thread to top of each leg (to hang for drying). With a small paintbrush, paint on stripes (see picture). Remember that this is a primitive doll pattern and the stripes do not need to be and indeed should not be uniform or "perfect." Hang up again to dry. Sand stripes lightly.
6. Attach legs where indicated on pattern.

### Facial Features:

1. *Eyes:* Lightly dip the end of a medium size paintbrush in black paint and dot on the eyes. Let dry thoroughly. Lightly dip the end of a small paintbrush in whicker white paint and lightly and carefully dot on the whites of her eyes; let dry.
2. *Eyebrows & Eyelashes:* Using a mechanical pencil, lightly draw on her eyebrows and eyelashes. Thread doll needle with an extra long double strand of dark brown embroidery thread, enough to embroider her mouth too. Going in from the top of her head (this will be covered with her hair) go down and embroider the eyebrows with a simple backstitch. Continue to the next step - the mouth.
3. *Mouth:* Print the mouth pattern off on card stock and position on face where desired; pin in place with straight pins. With mechanical pencil, trace only the bottom part of the mouth. After embroidering the eyebrows and eyelashes, go down and embroider the mouth with a simple backstitch. Take the thread back out the top of her head and tie off.
4. *Nose:* Print out nose pattern on card stock and pin in place where desired on head. Trace around this with mechanical pencil. Thread doll needle with double strand of red embroidery thread. Going in from the top of her head (this will be covered with her hair), go down and beginning at the bottom of her nose, embroider the nose using a satin stitch. Take the thread back out the top of her head and tie off.
5. *Cheeks:* Dip a small stencil brush lightly into burgundy acrylic paint and pounce off most of it on paper towels. Lightly swirl on her cheeks.

### Hair:

1. Cut 5 generous pieces of matching embroidery floss. Thread one piece of this and go into one of the places on head as indicated on pattern. Take your needle all the way through the head, from front to back, and then take your needle back into the same hole just made, front to back. Don't clip the ends, leave them hanging. This will create somewhat of a loop-hole so that you can thread the hair through each one and then pull the strands to tighten.
2. Holding your 4 fingers together, wrap hair around 5 times and slide off (need 5).
3. Thread these through the 5 pieces of matching embroidery floss on head, pull tightly, knot and cut thread.
4. Cut loops. Trim hair. NOTE: Trim top part of hair and bangs just slightly shorter than rest.

### Dress:

1. Print off bodice and skirt patterns.
2. *Bodice:* Place pattern on doubled material, pin and trace around. Cut out. Need 2 of these.
3. *Skirt:* Place skirt pattern on doubled material being sure to place on fold where indicated on pattern. Cut out. Need 2 of these.
4. Sew a gathering stitch about  $\frac{1}{4}$  inch down from top of each skirt pattern; pull to gather. Match these to bottom of both sides of bodice; pin and stitch in place.



5. Pin sides and underarms and stitch seams according to pattern & illustration using  $\frac{1}{4}$  inch seam allowance.
6. Clip into the very bottom of the dress and tear a small strand off. This will give the hem of the dress a frayed (old-timey) look.
7. Place dress on doll. Turn top of bodice under slightly, front and back, and sew button to top corner of each side of dress (see picture).

### Bloomers:

1. Print out bloomers pattern. Trace on double white material being sure to place on fold where indicated on pattern; cut out.
2. With right sides together, sew side seams as indicated by dashed lines on pattern.
3. Turn leg openings up  $\frac{1}{4}$  inch and hand sew with a small running stitch.
4. With white embroidery floss, hand sew a gathering stitch completely around the waist of the bloomers; pull to gather and tie in a bow in front.

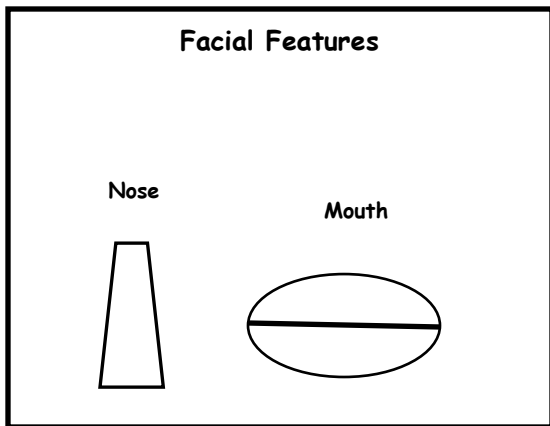
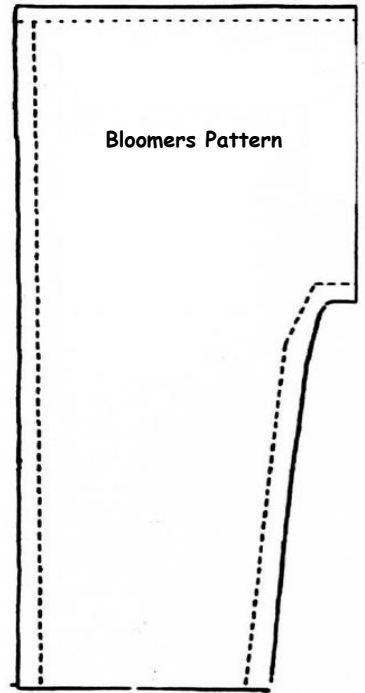
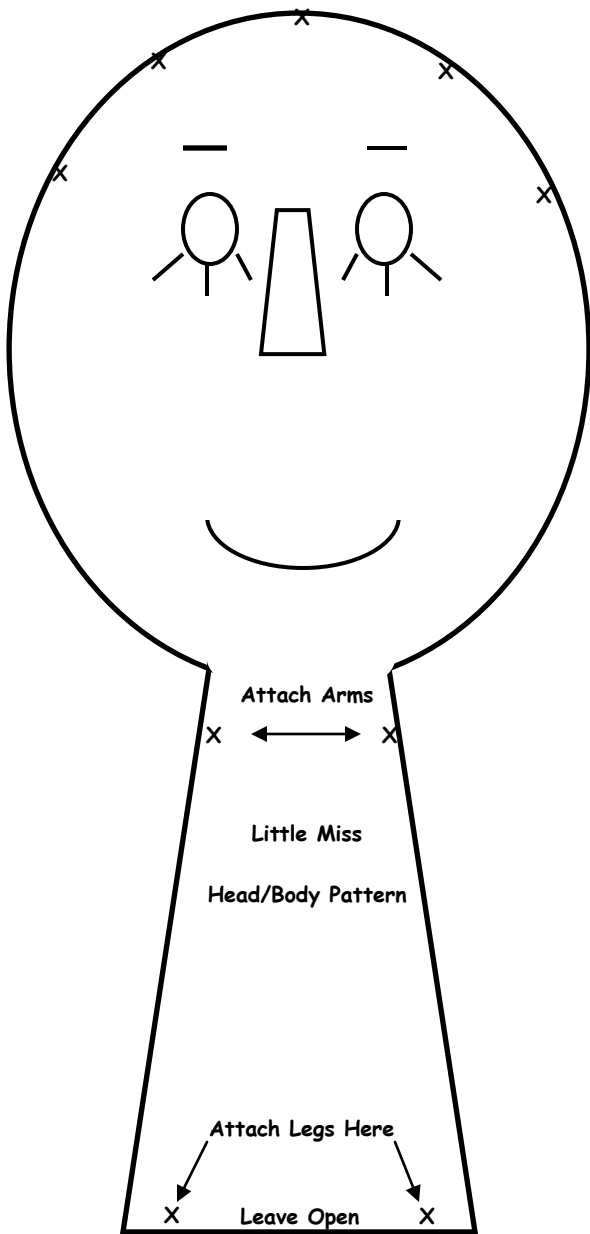
### Hair Bow:

1. Print and cut out hair bow pattern. Trace on double material; sew on traced lines. Do NOT leave an opening. Cut out about 1/4 inch away from sewn lines.
2. On center of back, cut a small opening for turning. Turn and press.
3. Gather center of bow and secure.
4. Either glue or sew to doll's head.

You're done with Little Miss. I hope you enjoyed making her as much as I enjoyed designing her. If you have any problems or questions, please don't hesitate to e-mail me or visit my "Stitch 'n' Stuff" page at <http://www.lilliemaescrafts.com>.

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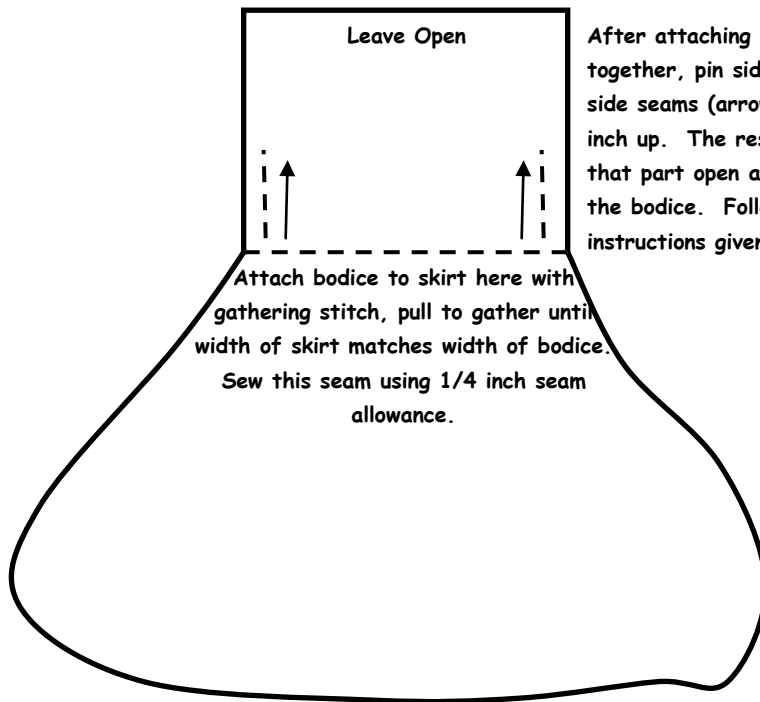


Sew row of gathering stitch here and attach to bodice.

Little Miss

Skirt Pattern

Illustration for sewing skirt to bodice.



Little Miss

Hair Bow Pattern